

**UNITY**  
CHURCH OF BAKERSFIELD  
"A POSITIVE PLACE TO GROW!"

**Welcome to Unity's Annual  
Burning Bowl Ceremony**

Power Point notes available at:  
[www.unityofbakersfield.org](http://www.unityofbakersfield.org)

## Twelve Power Burning Bowl

**Charles R. Fillmore**  
Co-Founder of Unity

Humankind is endowed with twelve fundamental faculties of mind, which are imbedded in our consciousness and when used under the guidance of Spirit enable us to increasingly demonstrate our inherent divine, creative nature. When we spiritually engage the twelve step process of using our faculties we find that our lives are transformed and we see the world in a whole new light of understanding.

## Twelve Power Burning Bowl

**Faith**  
**Strength**  
**Wisdom**  
**Love**  
**Power**  
**Imagination**

**Understanding**  
**Will**  
**Order**  
**Zeal**  
**Renunciation**  
**Life**

## Twelve Power Burning Bowl

**FAITH** – The constructive faculty of mind.

Jesus taught a lot about faith in one's life and that all we needed was just a little bit, the size of a mustard seed, and we could do great things.

My faith says: I trust in God's perfect plan for me. Trusting in God will for me as absolute good, I let go and let God guide me to my highest good. In this faith I start anew, I make new decisions, and establish new thoughts and behaviors. In faith I expect miracles as God's beloved.

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**STRENGTH** - enduring faculty of mind.

As the writer of Psalms declared, "God is my refuge and strength."

As a child of God I feel the strength of God's Spirit within me, and I am able to stand firm for all that is good and true. If circumstances around my world cause me to feel weakened, I feel safe and secure in my haven of peace – God within me, the strength of my heart. I am strong because God within sustains and supports me at all times.

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**WISDOM** – the discerning faculty of mind.

Again the writer of Psalms asks God, "Teach me wisdom in my secret heart."

As I choose to look to God for enhanced discernment and guidance, I am able to distinguish what is good and true for me. I know when to speak and when to be silent, as I am guided to right action in every situation I encounter. As I listen and allow the discerning faculty of mind to guide me, I will be a blessing and attract wonderful blessings to me.

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**LOVE** - connecting faculty of mind.

As Jesus stated, "Love one another as I have loved you."

As a beloved child of God I feel the power of divine love within me, special and infilled with a deep sense of self worth. As I allow this essence of the Christ spirit in me to radiate love to others, I am able to see the divine within them as expressions of God image and likeness. It is this love that gives me the power to awaken my spiritual nature.

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**POWER** - manifesting faculty of mind.

When Paul was faced with major challenges he would affirm, "God's power works best in my weakness."

As a beloved child of God I know that whatever it is that I may face, God as my divine parent is there to provide me with all the power I will need to overcome and transcend any situation. As an expression of this power, I channel into loving and compassionate action, as I help inspire and uplift the world.

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**IMAGINATION** - visioning faculty of mind.

Paul understood that God as the Creator gave us a "heaven and earth made up of things visible and invisible."

Using the my power of imagination I am able to see good where no apparent good may be visible. With this power active in my life I look for and expect blessings of every good kind when I'm facing a challenge. As I see good in all people, I imagine the world as a place of abundance, wholeness, and peace.

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**UNDERSTANDING** - perceiving faculty of mind.

When God appeared to Solomon in a dream, God asked, "What shall I give you?" And Solomon responded, "An understanding mind."

The Christ spirit in me understands and sees past hostility, fear, anger, and what may appear to be unjust. Using this power I can affirm that God absolute justice as the law of divine order is always at work. The Christ in me sees beyond reason, doubt, or fear to the good in every situation.

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**WILL** - resolving faculty of mind.

Jesus understood that the human will, through ego, seeks its own path when faced with challenges. And in the face of his he said, "Not my will, but Your will be done."

I look forward to the coming year with the knowledge that no matter what I face, God's will for me is good. I release any thought of lack or limitation, knowing that God's good will for me it to achieve the good desires of my heart.

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**ORDER** - organizing faculty of mind.

The writer of Ecclesiastes reminds us that, "For everything there is a season, and a time for every matter under heaven."

Divine order is the law of the universe. Trusting in divine order, I know that the events in my life are taking place in the right ways at the right time. As I begin this new year I do so in confidence, and center myself in the presence of God. Trusting God's divine order, I meet each day with peace of mind, strength of spirit, and faith of heart.

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**ZEAL** - enthusiastic faculty of mind.

Paul reminded the Romans about the practice of zeal when he said, "Never be lacking in zeal, but keep your spiritual fervor."

I acknowledge the creative life force and its energy that flows through every part of my body. I express zeal and enthusiasm as I take on new tasks. The power of zeal opens the way for me to experience awesome blessings, for it is the activity of Spirit at work from within me.

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**RENUNCIATION** – eliminating and releasing faculty of mind.

Jesus understood the need to renounce and release untruths, and so he told the people, "You will know the truth, the truth will make you free."

I now let go of all negativity that will keep me from expressing my true spiritual nature. I will make every effort to keep my thoughts positive and constructive so that I may express the Christ Spirit within.

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**LIFE** - generating faculty of mind.

Paul on the subject of life told the Corinthians that it was "the Spirit that gives life."

God as the creative life force is the Spirit of life that dwells within me. As the true source of this life force, its energy flows through me, renewing every cell of my being. The spiritual energy that I have from this unfolding source within is my true strength.

## Twelve Power Burning Bowl

Here are twelve ways to access any or all of your twelve powers through your Christ Spirit as you affirm what today's Daily Word advises: "I am stronger than any doubt from within or any judgment from without."

1. Set aside some quiet time for prayer.
2. Affirm that you are loved by God.
3. Feel the loving, comforting, peace as you center your attention on God.

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4. Take time to reshape your thinking by quieting the negative thoughts.
5. Realize that you have within you the strength and courage to see the challenge through.
6. Affirm that spirit is with you and goes before you to prepare the way.
7. Acknowledge any feelings of doubt, fear, anxiousness and then ask for help in seeing the truth in the situation.

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8. Rejoice in the awareness that you get to choose how you feel and think at any given moment.
9. Allow spirit to guide and direct your actions.
10. Make changes that will allow you to give up habits that don't serve your well-being.
11. Affirm divine order and harmony prevail.
12. Give thanks for all the blessings you have had, currently have, and will have.

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### Burning Bowl:

As I enter the new year, I hold to the knowledge that God is with me and give thanks for the blessings that lie ahead. I feel spiritually enlivened and renewed as I trust God and I let go of and reaffirm...

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### A New Year's Affirmation

I believe that I am a child of God with divine attributes; that I practice relaxation to create greater spiritual awareness as I tune into my inner guidance and accept it in whatever form it comes; I willing act upon all inspired ideas knowing that God is with me; I share what I have learned thus creating more spiritual opportunities for my growth in the coming year. Thank you, God!