



## Welcome to Unity's Interactive Worship Service

### Today's Advent Topic: The Tale of Two F's

Power Point notes available at:  
[www.unityofbakersfield.org](http://www.unityofbakersfield.org)

## The Tale of Two F's

We have all heard, read, or seen the movie The Tale of Two Cities, and for many of us it may have been required reading in high school. Well today we are going to look at The Tale of Two F's. And what are those two f's and what do they have to do with us? Everything, for they are:

### Faith and Fear

## The Tale of Two F's

Today's Daily Word reminds us that our "faith is more than a passive state of being. It is the active energy that empowers my thoughts and brings them into manifestation in this human experience."

What I have also found to be true of the human condition is that fear can also be a very destructive energy that can generate negative thoughts and emotions that can cause us to give our "faith to thoughts of lack or limitation."

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The Daily Word goes on to state: "I am grateful for the growing awareness that allows me to recognize where I am placing my faith and to make conscious creative choices through each day... It is by embracing this understanding of faith that I create a new consciousness, choice by choice."

Every day we can choose to live by faith or fear. Which will it be? Murphy's Law: "If it weren't for bad luck, I'd have no luck at all." or; Spiritual Law: "It is your Father's good pleasure to give you the kingdom."

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If we're honest about our experiences living the human condition, all of us at one time or another has uttered Murphy's law and felt some tinge of fear associated with a negative situation, circumstance, or experience. We have all seen or heard the acronym for fear as:

### "False Evidence Appearing Real"

The key, of course, when faced with this type of fear is to realize that we have the power to change it to faith.

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Changing fear to faith can be done if we understand the fear that is keeping us from expressing our faith. Is it real or imaged? So if we look at fear as something to change, we can:

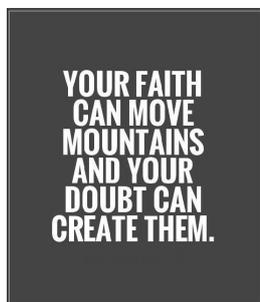
### Face Everything And Rise

Then faith becomes our:

### Focused Attention Intuitively Transforming Hope, by;

### Finding Answers In The Heart

### The Tale of Two F's



### The Tale of Two F's

The Fillmores, co-founders of Unity taught and lived by faith, as Charles Fillmore put it: Faith is the perceiving power of the mind linked with the power to shape substance. It is our spiritual assurance; the power to do the impossible. It is a magnetic power that draws unto us our heart's desire from the invisible spiritual substance. Faith is a deep inner knowing that what we seek is already ours. "Now faith is assurance of things hoped for" (Heb. 11-1).

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Replacing our fear with faith can be done when we practice the principles that are the foundation of our faith. A close analysis shows that faith is the foundation of all that we do. Jesus spoke of a new condition for the upliftment of the race. He called it the "kingdom of the heaven." He said it must be built upon the foundation typified by Peter (rock), who represents faith. The development of the faith faculty is a key to spiritual realization. "According to your faith be it done unto you" (Matt. 9:29).

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Points to remember as we shift our focus from a fear based emotions to faith based principles:

1. Faith in God is the substance of existence. To have faith in God is to have the faith of God. We must have faith in God as our Father and source of all the good we desire.
2. Faith is more than mere belief. It works by love. Thoughts of condemnation, enmity, and resistance must be released and divine love declared; then faith will work unhindered.

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3. When faith is exercised deep in spiritual consciousness, it finds its abode; and under divine law, without variation or disappointment, it brings results that are seemingly miraculous. This is the faith that co-operates with creative law.

4. Some say, "I trust God to handle this for me." However, faith compared with trust is a weaker brand of faith, but better than mistrust.

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As a rule, persons who merely trust the Lord do not understand divine law. If they had understanding, they would affirm the presence and power of God until the manifestation is realized. Trust can be the first step in developing the Christ like faith we strive for. The kind of faith that requires no pleading on our part, but just an inner knowing that what we have asked for is already ours. The kingdom is within you.

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5. Faith is built up through denial of all doubt and fear and continuous affirmations of loyalty to the divine idea, the higher self. One must have faith in one's spiritual capacity and depend on it in the face of adverse appearances.

6. The foundation for our personal faith can be found in the truth of our being. That we are God's children, and, as such, inherits the divine nature of God, just as Jesus did. With God all things are possible.

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7. Some ask, "What about intellectual faith?" This kind of faith serves humankind well as they discover the arts, sciences, and philosophies. However, as Einstein pointed out, "I want to know the mind of God, the rest are just details."

8. Knowing the mind of God. That requires an understanding faith, the kind of faith Jesus had and taught. It functions from Principle. It is based on knowledge of Truth. Understanding faith works with the law of mind action;

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....therefore, it has great strength. To know that certain causes produce certain results gives a bedrock foundation for faith.

In closing I'd like to share this short article, [Release Your Faith](#) by Rev. Michael Jamison:

"When you face a challenging situation in your life, you might tell yourself you need more faith. This isn't true. You already have all the faith there is.

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The totality of faith is already in your consciousness, as is the omnipresence of Spirit. Faith is one of the spiritual powers with which we all are endowed. Faith patiently waits within you, ready to be set free, and it can only be set free by you.

You must release some faith if it is to be of use. Held within you, faith cannot do any of the work it is designed to do.

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Stepping out in faith is not a result of acquiring more faith but is the act of releasing more faith. Release faith generously. Because faith is infinite within you, it can never be depleted. It can, however, be bound within you through fear of stepping out.

If you have not purposefully stepped out in faith before, your fear is simply a fear of the unknown. The success that comes from stepping out in faith the first time emboldens you to step out with...

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...increasing frequency. Over time, stepping out in faith ceases to be a challenge. It becomes a way of life."

So how would we answer the question posed by Jesus, "Why are you afraid? Have you still no faith?" –Mark 4:40

By affirming together...

**I release any fears and move forward in faith!**