

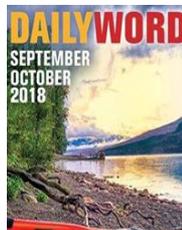


**Welcome to Unity's Interactive  
Worship Service**

**Today's Topic:  
Turn, Turn, Turn**

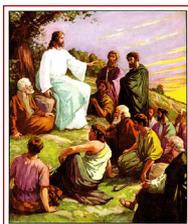
**Power Point notes available at:  
[www.unityofbakersfield.org](http://www.unityofbakersfield.org)**

**Turn, Turn, Turn**



As the Daily Word reminded us today:  
We have a choice to rejoice in "unlimited possibilities" no matter what changes we face because, "nothing is denied us through faith."

**Turn, Turn, Turn**



"Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Your heavenly Father knows that you need these things. Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. (Matt 6:25;34)

**Turn, Turn, Turn**

Some have said that Jesus had a special relationship with God and it was easy for him to say, "Don't be anxious." However...  
We forget that all of his teachings were to point us in the same direction he was heading, to have a close and loving relationship that we could count on no matter what, and that it was our Father's good pleasure to see that we had what we needed, all in due time.

**Turn, Turn, Turn**

How many of you remember the song, Turn, Turn, Turn written by Pete Seeger and sung by The Byrds?

- To everything (turn, turn, turn)
- There is a season (turn, turn, turn)
- And a time to every purpose, under heaven
- A time to be born, a time to die
- A time to plant, a time to reap
- A time to kill, a time to heal
- A time to laugh, a time to weep

**Turn, Turn, Turn**



We all have what Martha Smock calls, "Turning Points" in our lives. Those moments when change come to us in such a way that we feel turned in all directions. And yet, we can embrace those changes and the impact they may have on us by connecting with God and letting God work through us.

### Turn, Turn, Turn

Martha writes: “You know, we do not have to wait for a turning point to appear. We can make our own. We should not sit around hoping for a change, a break, for something to happen. We have it in our power to turn the corner, to make the change, to start things going in a different direction. We should never think that we are too old to make a change, that it is too late to begin again.

### Turn, Turn, Turn

We do not have to go along with unhappy conditions or accept lack and limitation as our lot. All true turning points are first created in us through some outer circumstance.

Sometimes the turning point was a welcome change; sometimes we have had change thrust upon us that we fought and rebelled against. But it proved to be a turning point for good, a turning point in the right direction for the best of all concerned.

### Turn, Turn, Turn

Consciously or unconsciously we bring ourselves to these turning points in our lives. If you are facing one now know that you are there by accident, that you are not unprepared. You are ready for it or it would not be there for you to make a decision about. On a spiritual level you have chosen this time and the universe has prepared everything you’ll need to make the choice for your highest good.

### Turn, Turn, Turn

The most important of all turning points is the one the points us in the direction of our greater awareness of the oneness with the consciousness of God and the realization that we are one with our beloved creator.”

And yet, we keep asking: “Why are some changes that bring us these turning points in our lives harder to embrace and what can we do to see the good in them?”

### Turn, Turn, Turn

Here are a few reasons why we may have a challenge:

**Resistance:** Turning points we sometimes resist are those that show up as life shattering experiences. Such as things that happen unexpectedly and are difficult to accept. Sometimes they are feelings that cause us to feel forsaken, lost, giving up, giving into fear or negative emotions.

### Turn, Turn, Turn

**We Fail to Keep Moving:** Fear can keep us from moving forward. So to move through this type of resistance requires that we re-connect to our source, to the Christ spirit in us. Whatever may cause us to feel rejected, unloved, unworthy, afraid, bitter, hurt, affirm that these are emotions, temporary in nature, and thus will pass with time. What remains is the truth of who we are—God’s beloved children.

### Turn, Turn, Turn

Martha shares these insights with us:

When we think about the changes we would like to see in our lives, we discover that we are not as concerned about changing things as about changing ourselves.

Life is a continuing process, an emerging picture of change. As we engage life for what it truly is, an opportunity to experience God on a deeper and more fulfilling level, we could see that everything does work for our highest good.

### Turn, Turn, Turn

The turning point of starting over need not be dramatic. It can be as simple as walking down the street and realizing you don't have anything to be afraid of anymore. Or it can be the realization that God loves you unconditionally and the awareness that you can forgive past hurts.

Every time you choose to give, to praise, to stand tall and free in your truth, is a turning point that helps you become more aware of your own divine potential.

### Turn, Turn, Turn

Remember, you can reconnect with the Christ spirit and it's power within you at any time, just we stop, look, and listen. Stop by being still and know what all the spiritual teachers knew: "In the silence is the answer." So pray and affirm...

Be still, troubled thoughts. Be still, anxious feelings. Be still, fearful imaginings. Be still, self-accusations. Be still, and know that I am God.