



**Welcome to Unity's Interactive  
Worship Service**

**Today's Topic:**  
**Spiritually Audacious**  
Power Point notes available at:  
[www.unityofbakersfield.org](http://www.unityofbakersfield.org)

**Spiritually Audacious**

Some time ago I came across an affirmation from Rev. Linda Martella-Whitsett that stopped me in my tracks and caused to think long and hard about its implications. The affirmation was short and simple:

**I am bold and confident. I live with divine audacity.**

**Spiritually Audacious**

Merriam-Webster defines audacity as the quality or state of being audacious, such as

a: the willingness to take bold risks as: the knights were admired for their *audacity*

b: rude or disrespectful behavior as: he had the *audacity* to defy his boss

Each one of these activities requires motive. I believe Jesus exhibited one of these. What's your take?

**Spiritually Audacious**

If Jesus were to return and continue in his message I could see him saying, "I am bold and confident. I live with divine audacity." He understood his divine connection with God and he tried to teach it to others. And the issues he had getting people to accept his teachings haven't changed much. History has shown us that the spiritual way of life does not interest everybody.

**Spiritually Audacious**

All the great spiritual teachers and sages taught that each of us has a purpose, a life worth living and developing. And as Jesus taught us, a life that is spiritual and in concert with God.

Living spiritually is the greatest opportunity and privilege we have. Living from the center as a child of God is much more fun, much more practical, and does much more good than being concerned with human ego alone.

**Spiritually Audacious**

Living a spiritually audacious life is a very bold move for many people. Especially when everyone around you wants you to be what they want you to be. To live a spiritually audacious life requires that your motives be of a spiritual nature and not that of the human ego. With that in mind, how would you interpret the following statement:

"Do unto others as you would have them do unto you." Luke 6:31

### Spiritually Audacious

Hurt not others in ways that you yourself would find harmful.  
-Buddhism

Do unto others as you would have them do unto you.  
-Christianity

### The Golden Rule

No one of you is a believer until he desires for his brother that which he desires for himself.  
-Islam

What is hateful to you, do not to your fellow man. That is the entire law; all the rest is commentary.  
-Judaism

### Spiritually Audacious

It would seem that the message given to us has been twisted and turned into something these great spiritual teachers never intended it to be: "do unto them before they do it unto you." How did it get this way? How did it get turned so upside down, that we have missed the spiritual lesson of the original intent of that message?

In her book The Portable Therapist, Dr. Susanna McMahon may have an answer:

### Spiritually Audacious

"There is a danger in putting others first on a consistent basis. Our western model (and most religions) have taught us, "Do unto others as you would have them do unto you." The focus is nearly always on the "Do unto others" part and rarely on the second half of this saying. How do we know what we would want them to do for us if we are not aware of our own needs and wants? And if they did unto us, could we accept it and be worthy of their gift."

### Spiritually Audacious

"Most people have focused all their energy on giving out and have no awareness of what they want or need for themselves. They are hoping that someone else will read their minds and know what is the right thing to do for them. People who have learned to give this way give to get something back and their presents always have strings attached. People who give this way are doing so in order to get their own needs met by others."

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"By putting others first, they are hoping to get love, respect, adoration, security, acceptance, back from those they are giving to. None of these things can be bartered or bought. By putting others first, people are relinquishing their own rights and responsibilities along with the gifts they give. Putting others first is a present you give to them. As with all presents, it is only meaningful if you, the giver, want to give the gift with no ulterior motives."

### Spiritually Audacious

"This is the only good reason to give a present. It is of no consequence what the receiver does with the gift. The reason for giving is to bring joy to you, the giver. And that is enough. The only way that you can give gifts without strings is to first take care of your own needs. In order to do this, you must put yourself first. You must recognize what you need and want and you must do the work to meet your own need."

### Spiritually Audacious

And here are 12 affirmations that can help you with being spiritually bold, confident, and audacious so that you may give to others so the universe and give to you.

1. Moment by moment my faith is one of conviction and expectancy as I declare my divine nature.
2. Moment by moment I imagine myself filled with confidence to embody all possibilities as I declare my nature.

### Spiritually Audacious

3. Moment by moment my understanding of my divine nature allows me to thrive and prosper.
4. Moment by moment I embrace my audacious will to express my divine nature.
5. Moment by moment I exude zeal in expressing my confidence and devotion to being spiritually audacious.
6. Moment by moment I gain more confidence in my own self-mastery and power of my divine nature.

### Spiritually Audacious

7. Moment by moment divine love expresses itself each time my divine nature touches and becomes one with another.
8. Moment by moment I am filled with wisdom as I listen to the intuition from my divine nature.
9. Moment by moment I find strength and courage to live a spiritual audacious life.
10. Moment by moment I experience order and harmony as I express my divine nature with others.

### Spiritually Audacious

11. Moment by moment I find peace as I release all negative and false beliefs that tie me to ego and deny my divine nature.
12. Moment by moment I live my life by practicing the spiritual truths that govern my divine nature.

**Therefore, like Jesus, I can say, "I live a spiritually audacious life."**