



**Welcome to Unity's Interactive
Worship Service**

Today's Topic:

Name It and Claim It

Power Point notes available at:

www.unityofbakersfield.org

Name It and Claim It

In the Old Testament creation story found in Genesis, God tells Adam to name all the living things of the earth. As a metaphysical student this brings up a few questions:

Why didn't God name everything? Why was it Adam's responsibility to name everything? If Adam was just created how did he know how to name everything, and if he did, how did everything fit in the garden of Eden?

Name It and Claim It

All creation stories, like the one we have in our Bible, started as an oral tradition. Each culture used these stories to explain how and why things happened to them as they tried to make sense of the world around them.

All stories contain these elements: Creation of earth, sky, water, living things, mankind, supreme being(s), stars, moon, day, night, etc.

Name It and Claim It

"And the earth was formless and void, and darkness was over the surface and the Spirit of God moved over the earth." Genesis 1:2

Since those ancient times, science has helped humankind understand not only the world in which we live, but the space and universe in which the world is a part of. The beauty of these stories is that, from a metaphysical point of view we can understand our spiritual nature and connection to all life.

Name It and Claim It

And like Adam, we have the power to name and claim whatever it is we wish to see manifested in our life. And what gives us this power? The Spirit of God in us! Our ability comes to us in our three-fold nature of being:
Our divine potential (spiritual DNA), the I AM;
Our spiritual will and faith in our divine power;
Our power to us our imagination and enthusiasm to create the world we would like to live in.

Name It and Claim It

In Unity we teach that the trinity of creation contains: Divine Mind, the Christ Idea, and Divine Expression. Traditionally it is the: Father/Son/Holy Spirit. Spirit is the action part of the trinity. "And the Spirit of God moved across the face of the earth." This action part has played an important role in our ability to:

"Name it and claim it."

Name It and Claim It

As every truth student knows: All our manifestations will not take place without action on our part. We need to invest all that we are in mind, body, and spirit to guide, direct and impact our decisions and actions. When we allow this to happen we end up manifesting:

Affirmative Changes Through Intuitive
Omnipresent Nurturing Spirit.

Name It and Claim It

Jesus talked a lot about the activity of the holy spirit and how it would help us in our manifestations. The synoptic gospels are filled with references to the activity of spirit. Here are three of them:



Name It and Claim It

Luke 11:13 “If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask him!”

The evil talked about here is the kind that blocks all that is good in our lives when:

Ego Vandalizes & Impacts Lives

Name It and Claim It

Luke 12:11-12 “And when they bring you before the synagogues and the rulers and the authorities, do not be anxious how or what you are to answer or what you are to say; for the Holy Spirit will teach you in that very hour what you ought to say.”

John 14:26 “But the Counselor, the Holy Spirit, whom the Father will send in my name, he will teach you all things.”

Name It and Claim It

Naming and claiming the activity of spirit in all that we do and say helps us to achieve the spiritual insight and direction we need to bring about the positive changes in our lives. One of the challenges we have with this action is rooted in the human condition controlled by ego. And that is the issue of our value. Do we really value ourselves as much as God values us?

Name It and Claim It

Too often people assume they aren't good enough for God to even pay attention to them. They have grown up being told by countless individuals that they don't measure up, they're imperfect and sinful [Another Genesis element of why God is mad at us]. Even Jesus ran into this problem with the religious leaders who controlled how people were to worship and sacrifice.

Name It and Claim It

And so we are told in John 10:34 that he responded to them by putting them in their place with a statement from their own scripture:

And Jesus answered them, "Is it not written in your law, 'I said, you are gods'?" reminding them of God's words Ps 82:6 I say, "You are gods, sons of the Most High, all of you!"

We must name and claim our divine inheritance, for no one else will do it for us.

Name It and Claim It



We can discover for ourselves what the actress, Sally Field discovered when she shared this insight of herself:

"I was raised to sense what someone else wanted me to be and to be that kind of person. It took me a long time not to judge myself through someone else's eyes."

Name It and Claim It

Part of the act of naming and claiming is to realize that you have the power to change any and all information that keeps you from realizing your divine power. It's perfectly okay to question anything you hear or read. If there is doubt take it into your prayer time and ask Spirit to reveal to you what needs to be revealed. As with all actions, affirmations help us stay centered and reinforce the truth that will be revealed.

Name It and Claim It

I'd like to close the lesson today with a few that may be of help to you or a loved one. They are:

1. Through the activity of the spirit within I express a miracle-working faith, a dynamic will of good, a growing understanding, and a deepening inner sense of my divine nature.

Name It and Claim It

2. Through the activity of the spirit within I express love, wise action, a sparkling joy, a resilient strength, a forgiving attitude, and a vivid sense of aliveness.

3. Through the activity of the spirit within I express my divine potential as a child of God. As I express my true nature in all that I do and say I am prospered and blessed in any activity I am a part of.

Name It and Claim It



As you name it and claim it, remember not to let others determine your course action. So, when you find yourself in a boat on sea of life, make sure everyone is rowing and not drilling holes in it when you're not looking.