



Welcome to Unity's Interactive Worship Service

Today's Topic:

Your Divine Potential

Power Point notes available at:

www.unityofbakersfield.org

Your Divine Potential



Today's Daily Word reminded us that, "Each day offers rich opportunities to deny power to ideas and limitation and remember the spiritual Truth...By unleashing our divine potential to dissolve negative energies and become an expression of pure love and infinite possibility."

Your Divine Potential

It is no secret that our daily lives are constantly being bombarded with distractions of all kinds. Our hearts and minds are often disturbed by the activities that seem beyond our control or liking.

With all that going on around us what can we do to exercise our spiritual potential?

How can we embrace our spiritual potential, and the Truth that resides within us, to help us define our being?

Your Divine Potential

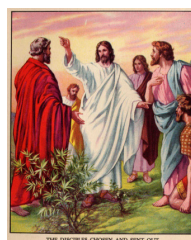


Author Paul Ferrini writes: *Every day we must learn to take a deep breath, put aside our worries and fears, and clear out a space for God. Unless you take time to make time for God it becomes harder for you to understand the love and goodwill that is waiting for you.*

Your Divine Potential

God is everywhere present waiting to be experienced. That is why we have heard of stories about people, who in the middle of a traumatic experience suddenly felt the presence of God right there with them. Something within them turned to the Truth of their being and became aware of the light and love waiting to enfold them as their spiritual potential to do all things through him who strengthens them.

Your Divine Potential



For Jesus, the Truth was simple. He taught that God is everything we will ever need or want. God is love and love will seek itself. And in that seeking we will find the Truth that sets us free to discover our spiritual potential to do the things that he did, and ever greater things at that.

Your Divine Potential

In his book Love Is My Gospel, Paul gives us several steps we can use to reaffirm our Truth and our divine potential.

1. **We must** be willing to transcend our fear-based, reactive thinking patterns and the behaviors associated with them.
2. **We must** be willing to embrace our wholeness as God sees us whole.

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3. **We must** be willing to let God guide us in our efforts to deepen our understanding of what God means to us.
4. **We must** be willing to trust God and surrender our need to control outcomes. To wait in humbled patience for the new insight or revelation we will need to move forward.
5. **We must** be willing to let God clean our slate so that it can be written on with new messages of hope and truth.

Your Divine Potential

Once we have done these things then the Truth that sets us free to discover that our divine potential stands at the ready to help us with any and all situations that life brings to us.

St. Paul said it best when he tried to describe the divine potential to the people of his day...

The Christ in you is your hope of glory.

Your Divine Potential

When we allow ourselves to come from the Christ of our being, that image and likeness that God made us in, we are able to remember that any limitations to our divine potential is ego trying to divert our attention away of our true essence, which is Spirit and spiritual.

As Carole M Stephens reminds us, "God never loses sight of our potential, even when we do."

Your Divine Potential

What is it like to come from our Christ essence using our divine potential? Paul Ferrini gives us some insights into what we may find happening as we exercise our divine potential.

1. **When we** come from the Christ of our being we have direct communion with God, we don't need books, tapes, DVD's, or moral codes because Love and Truth are already there waiting to be expressed.

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2. **We find** that we don't need to consider whether to condemn or bless, attack or forgive, criticize or comfort for the Christ of our being is the very embodiment of all that encourages and supports.
3. **We no longer** feel the need to hurt others in any form because we realize that to do so sends forth energy that will come back to hurt us.

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4. We find that love is the gospel by which all things of the world are measured and that as a living truth, it is a witness to all injustice and inequity.

5. We discover for ourselves where our true treasure lies, what matters most above all else is that love, not ego, leads the way to its fulfillment and manifestation of your divine potential.

Your Divine Potential

Here are 4 points to remember so you can avoid the ego trap of trying to be something you're not. Yes, we are all spiritual beings. However, we are also individualized expressions of our Creator.

1. Exercising your divine potential is a step by step process of denial and affirmation.
2. Be careful of ego's attempt to give you the feeling that you know all that there is to know about a given lesson.

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3. Truth is never revealed all at once, it's a process of learning, relearning, and developing new ideas and beliefs that will help us realize our divine potential.

4. Focusing on the Truth of you and what you are prevents you from falling into ego's trap of wasting time and energy on trying to be something or someone other than who you are meant to be.

Your Divine Potential

As we walk our spiritual path of discovering our divine potential, the Dalai Lama reminds us that:
"Overcoming negative tendencies and enhancing positive potential are the very essence of the spiritual path."

