



**Welcome to Unity's Interactive
Worship Service**

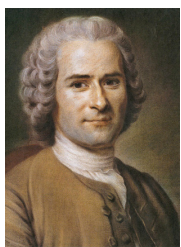
**Today's Topic:
Truth & Freedom**

**Power Point notes available at:
www.unityofbakersfield.org**

Truth & Freedom

On Wednesday, Americans across the U.S. will be celebrating Independence Day. July 4th, 1776 was the date that our founding fathers declared their right to life, liberty, and the pursuit of happiness from the tyranny and rule of the King of England. That was 242 years ago, and so I ask are we truly free?

Truth & Freedom



Philosopher, writer and composer, Jean-Jacques Rousseau (1712-1778), whose political influence greatly affected the overall development of modern political and educational thought of his day remarked that, "Man is born free, and yet everywhere he is in chains."

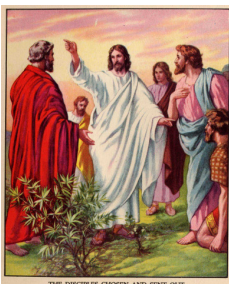
Truth & Freedom

History is filled with stories of humankind's quest for freedom: Freedom from want, from lack, from bondage, from tyranny, from disease, from war...and the list can go on.

Then there is freedom from toxic guilt, shame, addictions, anxiety, depression, loneliness, pain and suffering.

What are you looking to be free from and where does that freedom come from?

Truth & Freedom



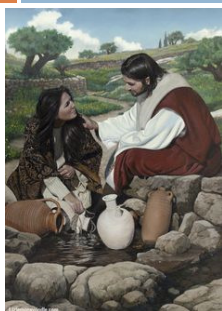
Freedom is in the mind of the beholder. It begins by knowing who you are and what you are. And to that end, Jesus proclaimed, "You will know the truth and the truth will set you free." (John 8:32)

Truth & Freedom

His entire ministry was to help people find the truth within themselves so that they could be free from all doubt, fear, negativity, and spiritual bondage that held them to ridged and outdate rules and rituals that only supported the religious elite of his day.

If you want to try expressing freedom, he suggested, then "render onto Caesar that which is Caesar's and onto God that which is God's."

Truth & Freedom



And to render unto God that which is God's has nothing to do with the physical, but the spiritual. As he told the woman at the well. "God is spirit, and those who worship him must worship in spirit and truth." (John 4:24)

Truth & Freedom

Using the teachings that Jesus gave us, I have found for myself that the Truth he spoke of are the:

Thoughts Resonating & Unfolding The Heart
And the Freedom that comes from that Truth is:
**Faith Radiating Effective Eradication,
Dissolving Obstacles (held in) Mind**

Truth & Freedom

The Truth that Jesus taught about God is:

1. Cause, the creative life force known as Spirit.
2. Omnipresence (everywhere present), Omnipotent (all power), and Omniscience (all knowledge).
3. The Nature of God is Love and that Love heals, inspires, and liberates.

Truth & Freedom

4. As God's beloved children, we are an individualized expression, ("...Ye are gods" John 10:34).

True freedom comes when we truly discover this truth for ourselves and apply the spiritual law of love to all our negative experiences we have encountered in our lives that may have clouded or hid the truth of who we are.

Truth & Freedom

When we engage the law of love and seek God first in all things, we find that any challenge we face, any fear that arises in that moment, is rendered harmless.

So here are some reminders that will help us see the truth and experience the freedom we desire:

1. You are a spiritual being, divine by nature, and one with God.

Truth & Freedom

2. Your beliefs create your world (Law of Mind Action). As you believe so it will be.
3. Divine Love is a gift freely given to you, and is never limited by conditions or situations.
4. The freedom to develop peace of mind will bring order and harmony to all affairs as you seek God first in all things.
5. Take all things in stride, don't force anything to happen. God knows what you need.

Truth & Freedom

6. Don't hang on to grudges, hurts, betrayals, disappointments, negative experiences for they are all just blips in your life. Instead, remember that everything passes away, nothing stays the same, "this too shall pass."

7. God is outside of time, space, and the conditional mind. Whatever seems impossible, give it to God. "With God all things are possible."

Truth & Freedom

8. True freedom to be all that God wants us to be comes from the realization that God is always working in and through us to bring absolute good into our life and affairs.

9. It has been said that freedom doesn't come to us by resisting truth, but from applying it. So by applying spiritual truths in our lives we help advance freedom of mind, body, and spirit for ourselves and others.

Truth & Freedom



For one to be truly free, one must be able to live the truth that allows them to be who they truly are without doing any harm to themselves or others.

-Rev. Chuck