



## Welcome to Unity's Interactive Worship Service

**Today's Topic:**  
**One Magic Word**

Power Point notes available at:  
[www.unityofbakersfield.org](http://www.unityofbakersfield.org)

### One Magic Word

Did you know that there is one word, that works magic in our lives? The kind of magic that can help anyone spiritualize and transcend any negative situation, circumstance, or experience they may be having at any point in their lives. And what is that word you may ask?

**STOP**

### One Magic Word

#### S Spiritual

When we use the magic word "stop" we allow ourselves the opportunity to ask the question, "What is the spiritual lesson here?"

#### T Transcend / O Observe

Then as we focus on the lesson being presented to us we are allowed to transcend the situation or circumstance we are facing by stepping back and taking time to observe what is really going on.

### One Magic Word

#### P Pray

And as all of this is going on we take time to pray, to shut the door and listen to the still small voice of God.

Every morning, when we wake up, we have twenty-four brand-new hours to live. We have the capacity to live in a way that these twenty-four hours will bring peace, joy, and happiness to ourselves and others.

### One Magic Word

It is our opportunity to let our light shine into the world. The question that must be asked: Are we willing to step out in faith and take the risk of living the truth of our divine nature?

So how many of us actually stop to reaffirm our divine nature on a daily basis? The divine nature that is written about in the Bible. In fact it's a trinity of sorts. Three simple, yet very powerful statements that define us.

### One Magic Word

1. Then God said, "Let us make man in our image, after our likeness; and let them have dominion over the fish of the sea, and over the birds of the air, and over the cattle, and over all the earth, and over every creeping thing that creeps upon the earth." So God created man in his own image, in the image of God he created him; male and female he created them. (Gen 1:26-27)

### One Magic Word

2. Then Jesus reminded them, "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven. (Matt 5:14-16)

### One Magic Word

3. And when the religious leaders of his day questioned him about his teachings, Jesus answered them, "Is it not written in your law, 'I said, you are gods'?" (John 10:34)

Think about it, if we where to stop and really understand and incorporate these three concepts in our lives what would they look like? One of the hardest things for us to do as a human species is to accept our divine image, our divine heritage, our divine nature.

### One Magic Word

What I've found over the years talking with people is that there are several belief patterns that show in their lives. One is based on this line of thinking, "I'm not worthy."

"Yea, Rev. Chuck, it sounds good, but you know that's not me. There's no way I'm that good, that divine, and loved by God. In fact when you look at my life you can see how non-divine like I've been."

### One Magic Word

Another belief pattern tells us that we are not on the same level as Jesus, that it would be sacrilegious to even suggest that that we are. However, Jesus's own words tells us that we are on the same level as he is:

For Jesus stated, "Verily, verily, I say to you, He that believes the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father." (John 14:12)

### One Magic Word

The key to expressing your divine nature, is to stop each day and remember and accept who you really are: As Jesus reminded the religious rulers of his day that were keeping the people in the dark to their true nature and purpose:

'Is it not written that ye are gods?' Just as a wave is part of the ocean it is not the ocean, but has within it all the components of the ocean, we too have God like qualities and attributes.

### One Magic Word



Renowned author, minister and speaker, Marianne Williamson had this to say about why it is so hard to express our divine nature:

"Our deepest fear is not that we are inadequate, it is our light, not our darkness that most frightens us."

### One Magic Word



We must face our fear and take the risk to letting our light shine before the world. This is our destiny, our purpose. We are children of God, born to make manifest the glory of God that is within us. It's not just in some of us; it's in all of us."

### One Magic Word



In her book Compass of the Soul, Lynn Robinson shares some ways in which we can stop and take some small steps to sharing our light, our divine qualities, to brighten our lives and those around us. Steps that can spiritualize, transcend, observe and pray about any and all of our relationships.

### One Magic Word

Regardless of any past issues, each of us has a opportunity to practice forgiveness by stopping and remembering that we all have the divine DNA that connects us spirit to spirit and soul to soul. We can, spiritualize and transcend any one of the following relationships that need the divine touch.

**Friends:** I'm going to call \_\_\_\_ and ask if he/she would join me for coffee.

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**Family:** I'm going to tell my \_\_\_\_\_ that I love and forgive him/her.

**Health:** I'm going to make an appointment with my \_\_\_\_\_ to discuss some symptoms I'm concerned about.

**Professional:** I'm going to set up a meeting with my \_\_\_\_\_ to discuss my ideas about \_\_\_\_\_.

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**Financial:** I'm going to set up an appointment with my \_\_\_\_\_ to see if there are ways to earn, save, re-invest my income.

**Personal:** I'm going to call \_\_\_\_\_ to ask if he/she will be my walking partner so it'll make it more pleasurable for daily walk.

**Spiritual:** I'm going to sign up to attend the \_\_\_\_\_ or volunteer for \_\_\_\_\_ at my church.

### One Magic Word

Some of these activities may cause us to fear our sharing of the light. Our ego mind is there in the background reminding us of a hundred reasons we shouldn't share our the qualities of our divine nature. However, we all have a magic word that we can use to but ego in its place. The word is:

**S - Spiritual**

**T - Transcend**

**O - Observe**

**P - Pray**