



**Welcome to Unity's Interactive
Worship Service**

Today's Topic: The Joy of Loving

Power Point notes available at:

www.unityofbakersfield.org

The Joy of Loving



Today's Daily Word in part stated:

“During the holidays, I remember the true spirit of the season, which is the spirit of giving... With a full heart I willing and lovingly share my joy with others today.”

The Joy of Loving



“The thief comes only to steal and kill and destroy; I came that they may have life, and have it abundantly and joyfully.” (John 10:10)

The Joy of Loving

The “thieves” and “robbers” are those ideas that come into consciousness from the outside, and steal away our vitality. They are legion. Looking to the future for happiness is a thief, and robs us of the joys of the present. Regretting the errors and losses of the past is a great robber of vitality. Only through love can we find our joy. Loving the past, blessings our errors, accepting our responsibility to love ourselves.

The Joy of Loving

“I came that they may have life, and have it abundantly and joyfully.”

In this statement Jesus calls us all to love if we wish to have a life that is full of joy: to love God, ourselves, and one another. Then he added one more requirement: love your enemies.

The Joy of Loving

Jesus knew and understood what it took to create abundance and joy, peace and harmony, so our faith could be spiritualized not as the world gives, but as the Christ presence of God's unconditional love gives.

The joy of loving unconditionally changes lives, and changes the world, one person at a time.

The Joy of Loving

It has been stated many times that Jesus instructed the disciples to go out and share the “good news” of his teachings on God’s kingdom of love and forgiveness.

Good news always invites the presence of joy in our lives. The kind of joy Jesus taught was the recognition of God’s good, that we live in an abundant universe, and that we are loved and blessed.

The Joy of Loving

It has been said that love and joy, joy and love go hand in hand to bring about abundant blessings of every good kind.

Love calls us higher when we allow it to be shared.

Love calls us to expand our compassion and understanding so that we may treat others as we wish to be treated.

The Joy of Loving

When we allow the joy of loving to be our guide, we radiate the essence of the Christ presence in all we do and say.

When we radiate joy through our smiles and laughter it touches the heart of the receiver bringing to mind the intangible gifts of love, peace, kindness.

The Joy of Loving

By sharing the joy of loving, I take on each task and responsibility with an attitude of loving service.

I share the joy of loving while shopping, baking, or wrapping gifts as I let the joy of loving flow from me to each person I who comes to mind, and each person I encounter.

The Joy of Loving

I express this joy of loving by being available to listen should a loved one or friend needs someone to listen.

I express my joy of loving by being aware and attentive to the needs of those around me and rendering assistance and help as needed.

The Joy of Loving

During my time of prayer and meditation, I share the joy of loving as I hold my loved ones and friends in the light of God’s love, affirming the highest and best for them and all concerned.

As Charles Fillmore said, “Love is not a projection of the will, but the setting free of a natural, harmonizing force.”

The Joy of Loving

We have been called to express the joy of love in our lives. Allowing the joy of loving to be first and foremost in our lives and affairs can be very challenging. And yet, during this Advent season we are asked to rise our consciousness to the level of the Christ within. To share the joy with others we find hard to do, by remembering we all have the divine image of God within us.

The Joy of Loving

“The Christ in you, your hope of glory.” wasn’t just a passing statement made by Paul, but a reminder that we all have the Christ presence within us.

For some it remains hidden. It is the reason we are charged with sharing the “good news” of the joy of loving, for one day that light will shine in their lives and the joy of loving will be restored.

The Joy of Loving

Let us affirm:

I am God’s joy of loving in expression, and as such, I affirm wholeness, wisdom, strength, abundance, and peace for all. I let go of any grudge or animosity I may feel toward another, or any seeming offense or ingratitude. I see myself as a child of God, living in the Christ presence by allowing the joy of loving flow through me and into the world around me.

The Joy of Loving

In honor of Hanukkah, after all Jesus was Jewish and therefore, the joy of loving can be seen as the **J**ubilation **O**f **Y**ahweh that brings into our lives a **L**asting, **O**bservant, **V**iable, **I**nspiring, **N**ever-ending, **G**ift called the **JOY** of **LOVING**!

Merry Christmas!