



**Welcome to Unity's Interactive
Worship Service**

Today's Topic: A View to Peace

Power Point notes available at:

www.unityofbakersfield.org

A View to Peace



Today's Daily Word in part stated:

“As I view the abundance and diversity of life with wonder, I take in the awesomeness of God that continues to unfold. I am eager to live from an awareness of the sacred presence that sustains all life.”

A View to Peace



The Master Teacher on peace:

“Peace I leave with you; my peace I give you. I do not give to you as the world gives.” (John 14:27)

A View to Peace



“Not as the world gives you...” So what was his view to peace then?

“Blessed are the peacemakers: for they shall be called the children of God.” (Matthew 5:9)

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He would later go on to say, “You have heard that it was said, ‘An eye for an eye and a tooth for a tooth.’ But I tell you not to resist an evil person. But whoever slaps you on your right cheek, turn the other to him also...” and;

“You have also heard that, ‘You shall love your neighbor and hate your enemy.’ But I say to you, love your enemies, bless those who curse you, do good to those who hate you, and pray for those who spitefully use you and persecute you” (Matthew 5:38-39, 43-44).

A View to Peace

So what was Jesus's main view of what it meant to be a peacemaker?

When viewed metaphysically it means: One who has the ability to say “peace” to the turbulent waves of thought. To reduce to peace and harmony all the thoughts of strife, anger, and retaliation in one's own mind. The ability to say “peace” to thoughts, and have them obey. For “Blessed are the peacemakers: for they shall be called sons of God.” (Matthew 5:9)

A View to Peace

When we look out into the world we find that there are many views of what a peacemaker may look like.

Some may be diplomates or negotiators looking to bring order to situations, or a child on a playground who brings friends back together after an argument, or a fellow employee who finds solutions through laughter thus releasing tensions in the workplace.

A View to Peace

In the family dynamics, there always seems to be at least one person who acts as peacemaker within the family. However, each of us has the ability and opportunity to be a peacemaker no matter where we find ourselves.

These opportunities can occur at any time or anywhere, and when they do we can take a quiet moment to pray and listen to our inner wisdom and guidance from our Christ presence.

A View to Peace

As a peacemaker we strive to:

1. Allow ourselves to be an instrument of God's peace and express to others.
2. Act toward others from my spiritual integrity as I honor the Christ presence within everyone.
3. I know it may be hard to do, but I commit myself to not gossip, judge, or condemn. Instead I treat others as I wish to be treated.

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4. I honor the divine spiritual nature of everyone by respecting and loving them, thus drawing out the best in them.

5. When I find myself wavering at times, I remind myself that I can draw on the inspiration of others such as: Jesus, Buddha, Gandhi, Martin Luther King, Jr. and Mother Teresa to name a few.

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6. I plan special times were I can sit and become quiet by immersing myself in prayer and meditation. In this sacred place I communion with God thus creating an place of serenity that will help me promote healing, strength, order, and harmony in all of my affairs.

7. I go forth to let the peace of God flow from me with understanding and love toward all.

A View to Peace

I'd like to share the following article written by Unity minister, Paul John Roach:

“At the heart of each of us is a place of radiant peace. This inner core of stillness is unaffected by the changing circumstances of our lives. It is the still point around which the world turns.

In Mark, Chapter 4, the disciples were traveling by boat with Jesus when a storm arose the frightened them greatly.

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After being awakened, Jesus stood up and calmly but firmly declared, “Peace! Be Still!” and immediately the storm ceased.

Jesus did not deny that the disciples were afraid or that there was a storm. However, he gave no power to those conditions.

We can do the same in response to difficult situations in our lives.

A View to Peace

Make it a regular practice to spend time contemplating the beautiful, spacious stillness and peace within you. Then declare from that awareness “Peace! Be Still” to any troubling thought or circumstance.

The results may not be as dramatic as in the story of Jesus, but a shift will come—new possibilities for creative action will open up.”

A View to Peace

Understanding a view to peace states:

1. Peace is a state of mind.
2. Letting go of outer concerns and trusting God can help create a peaceful state of mind.
3. From this state of mind I release any sense of worry or concern and hold only positive, faith-filled thoughts. And in so doing, I experience true peace of mind, body, and soul.

A View to Peace

To experience the peace that passes all understanding is to realize it resides in us as the peace that Christ gives, not as the world gives:

P = Positive
E = Expression
A = Affirming (the)
C = Christ
E = Essence