



Welcome to Unity's Interactive Worship Service

**Today's Topic: A Blessing From
Spirit**

Power Point notes available at:
www.unityofbakersfield.org

A Blessing From Spirit



As the Daily Word reminded us:
I am diligent about using positive, constructive words as I connect with my I AM.

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When you form a thought that's aligned with Spirit within, you create a spiritual prototype that sets into motion the manifestation of your desires. Therefore, affirm daily:
Through Spirit within, I AM a magnet that draws to me abundant blessings of every good kind.

A Blessing From Spirit

The blessing from Spirit can be found in the trinity of all manifestations:
Our Thoughts. It may surprise you that countless people imagine that they have no control over their thoughts. Many believe they are at the mercy of their inner voice which is not very beneficial, since more times than not, it's ego calling the shots.

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Our Emotions. Our thoughts will often generate an emotion of some kind. It is best to act as an observer when this happens. Ask: What am I feeling, why am I feeling this? What is it about my thoughts that triggered this emotional response? Take a moment and pause, asking Spirit within to guide and to bless the emotion. When the noise of ego stops, you're on the right track.

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Our Beliefs. When our thoughts and emotions come together they act as a catalyst to bring our belief about that experience to the surface. It is here that we must be careful on how to proceed with that deep seated belief. Does the belief serve my spiritual good, or does it deny the existence of Spirit within? Ego is very subtle.

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It has been said that Spirit gives life, and everyone on this planet has Spirit within them as an all-powerful force for good.

It's interesting to note that since the beginning of recorded time, humanity has looked out into the world and up to the heavens and said, "God, help us!" And God answers, "I have, all that I created was good, and I gave you dominion over all of it."

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So, if we have been given dominion then we have a duty to create good wherever and whenever we can.

Humanity has come a long way since we first stepped foot onto the pages of recorded history. And for as many advances we have made to make life better by sharing the light of knowledge, why do we find ourselves drawn into the darkness of fear and destruction?

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When Jesus came into the Roman-Greco world, the human condition was pretty much the same. Fear and oppression were well known. People wanted peace so that they could make a living and raise their families. Yet, as peaceful as the Roman Empire could be for its day, they had their problems with warrior-terrorist mind-set. They were called the Zionist.

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Into this historical mix came Jesus with what many called radical thinking and teachings:

Think not that I came to destroy. I came that you may have life and have it abundantly.

Feelings of hate, intolerance, indifference only breed more of the same. However, feelings of love and forgiveness frees your soul, so love God and each other.

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Believe the things that I do and you will do even greater things. And remember, your faith has healed you, made you whole, given you new hope, new understanding, a new life.

And for all his troubles what did he get?

Arrested, tried, and executed!

But you know what? Those teachings live on today as they did thousands of years ago.

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You can't destroy that which is of God, which is of the Spirit. And we carry that within us, we carry the living Spirit of Christ, the divine idea for humanity within us. It is here that the faith of humanity lives and moves and has its being. And when we allow the Spirit within to move through us there isn't anything we can't accomplish.

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Simply trust your ability to cheerfully rely upon Spirit within to express itself through and for you.

So regardless of what is going on around us, we can rest assured that Spirit is at work to bring into full manifestation the kingdom of God. Using the spiritual trinity of thought, feelings, and beliefs we can assign our faith to the complete trust of God as the one presence and one power in our lives.

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Jesus always took the opportunity to direct their attention back to God for all the blessings they received through his parables and healings. “Your faith has made you whole.”

Herein lies the key to taking the creative trinity out of the hands of ego and put it back under the direction of the Spirit within. Here is a breakdown of how faith works in our lives.

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My friend and colleague, Jim Gaither talks about the different degrees of faith and the faith the Fillmore’s expressed in the founding of Unity as a healing ministry. He writes: “Faith has different degrees of development.

Some faith is blind trust in what a person has been taught by authority figures such as parents, Sunday School teachers, or preachers. Unfortunately, blind trust can be lost through disillusionment with the authority figures.

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Some faith is a belief system supported by a particular way of reading sacred scriptures and rationalizing away or ignoring evidence that seems to contradict that belief. Such faith can be sustained, though its expression may often be incoherent.

Some faith is adaptive; its belief system changes as new information and evidence came to awareness.

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Such faith seeks to be coherent with the truth of things, even if it must reject old ways of believing. This is understanding faith, which can be sustained through challenges in life and can survive open-mindedness.

Finally, there is faith that is rooted in direct, compelling experience of spiritual reality. Such faith can see the world and through the world to its underlying Source.

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Such faith can no more be disturbed by events that the sun can be disturbed by its own reflected light on the moon. That is the mystical faith, the faith of the greatest spiritual teachers in all traditions.

Jesus’ mystical faith is indicated by his teachings of the Kingdom of God. He taught that the reign of God is invisible but omnipresent, like leaven in dough. He taught that God is buried treasure within us, the Spirit within.”