



Welcome to Unity's Interactive Worship Service

Today's Topic: The Creative Process

Power Point notes available at:
www.unityofbakersfield.org

The Creative Process

Imagination is defined as *"the act or power of forming a mental image of something not present to the senses or never before wholly perceived in reality."*

Therefore, our imagination gives us the power to free ourselves from the limitations of our senses through the creative process. And where does the imagination get those impulses to create those mental images?

The Creative Process

Every moment a thought passes through our mind. We have heard that we human beings have evolved to be what we are because we have the power to think and to reason.

Did you know that our brain processes data in two separate ranges of the mind, The Conscious & The Subconscious?

The Creative Process



According to Blaise M Crowly, in an article he wrote:

The decisions you make like which food to eat, what to wear or how to lie to someone who is questioning you is left to the conscious mind. It processes all the data from your surrounding and continuously think about the things.

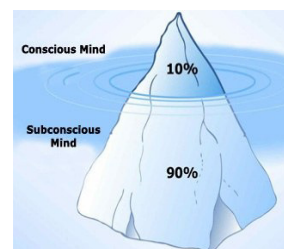
The Creative Process

You will be wondering how to solve a financial problem, how to manage time for your doctor's appointment, how blue the sky is, how handsome or beautiful someone looks etc.

As you may have noticed all these stay in your mind for longer than a second, even for minutes. So how do we manage to come up with so many great ideas and stuff if we think so slowly.

The Creative Process

The secret lies in your subconscious. Once your conscious mind processes sorts and makes sense of the data it passes on the information to the subconscious mind.



The Creative Process

It is said to be more than 80 times more powerful than the conscious mind. It can find patterns and relations better, can deal with much more complex data and even simulate things much better than your conscious mind (just think of how real some of your dreams can get). Ever had that moment when you are doing something else and suddenly an idea popped into your head?

The Creative Process

Or maybe an answer for a riddle you heard months ago, maybe a idea to solve the leak of your pipe? Where do you think this came from? It comes from the subconscious mind. Unlike your conscious mind that does the bare minimum and lets go of anything your subconscious keeps processing these problem without disturbing you from the day it receives them to the day it gets an answer for it.

The Creative Process

It is what consist the true intelligence of human beings. Millions of thoughts processed day and night. Researchers think this process is active even when you are as asleep, ever wondered why you dream about things you had been thinking about.

It may have been something you heard when you were a kid or maybe something your friend told 5 minutes ago.

The Creative Process

The subconscious mind compares and analyses the data with everything that is in your memory, anything you may have ever known or understood to find pattern solutions.

The subconscious mind is the reservoir for the billions of thought processes driving through your mind every minute. And when needed, pushes the results of those thought processes to your conscious mind.

The Creative Process

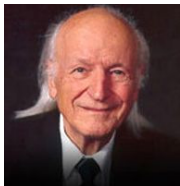
Charles Fillmore considered the subconscious mind to be an important part of humanity's part in co-creating God. He wrote: The subconscious mind is the home of our habits, the storehouse of our past thoughts and experiences. Divine intelligence dwells here and works to help humankind overcome error thought so there is harmony with the Christ consciousness.

The Creative Process

Imagine if you will a world where all our resources are put to use to fulfill the divine directive of the subconscious mind for creating absolute good!

Why is it so hard for the societies of the world to manifest this? Maybe part of the answer can be found in this scripture from Job 22:28 where God is speaking to Job: *"You will decide on a matter, and it will be established for you.*

The Creative Process



The late James Dillet Freeman said it this way:

Our world is what our mental processes—our senses and perceptions, feelings and emotions, logical thoughts, passionate desires and imagination—decree it to be. I often ask why is there so much misery and pain in our world?

The Creative Process

I don't know about you. I hope you are more of a positive thinker than I am. I find myself continually thinking thoughts and feeling feelings of fear, worry, anger, guilt, confusion, and various other negative varieties. That the imagination of most of us is more likely to be negative than positive is shown by how many more words there are in our dictionaries to describe unhappy states than happy ones.

The Creative Process

Every moment a thought is entering our mind and we are saying yes or no to it. It is at this junction that the need for positive conscious direction is needed. If not, then we often find ourselves acting out of impulse based on a pre-programmed belief. What we find is that our imagination may be playacting what our hopes hope is happening or what our fears fear is happening.

The Creative Process

St. Paul tells us we should try to “pray without ceasing” (I Thess 5:17). For what he is saying here is that unless we keep our minds consciously turned toward God, we are likely to find that we have formed the habit of drifting unconsciously into troubled and troubling imaginings.”

Jesus, “Go into your room (subconscious mind) and close the door...”

The Creative Process

What a gift we have been given! The power to co-create with God, to set the stage for divine will of absolute good to be manifested in our lives and affairs. We have the best tools for it, the conscious and subconscious minds.

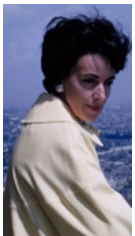
I love what Rosemary Fillmore Rhea, granddaughter of Charles and Myrtle Fillmore, had to say about our responsibility in the creative process:

The Creative Process



The energy of creation is at work, moving us forward into new dimensions of being. On one hand, we are excited about the future, but on the other level we want to cling to the past. We want to hold on to those things that made us feel safe and secure. However, we can move forward only by releasing—by renouncing those old concepts that keep us bound to our painful history.

The Creative Process



If there is one thing history teaches us, it is that you cannot stuff progress back in a box. Galileo was forced to stop teaching that the world was round but that did not make it flat.

The creative process can not be stopped, our ability to be co-creators can not be stopped, unless we choose to do nothing.

The Creative Process



As Sir John Templeton, of the Templeton Foundation and founder of the publication Religion and Spirituality has written: *Our role as co-creators with God is crucial. As human beings, we are endowed with mind and spirit. We can think, imagine, and dream. We can search for future tends through the rich diversity of human thought. We are always in the continuing act of creation.*

The Creative Process



The creative process begins with our own lives and spreads out into the world. Every thought will, at some point, mean something to the process, so as the Buddha taught remember: Your worst enemy cannot harm you as much as your own unguarded thoughts.