



Welcome to Unity's Interactive Worship Service

Today's Topic: How's Your FBSI?

Power Point notes available at:
www.unityofbakersfield.org

How's Your FBSI

How's your FBSI? What is your FBSI?
It's your *Faith Based Spiritual Interaction* with God.

It has been said that when God created humankind, they were given three gifts to use as a means to interact with God.

1. **Life** - (energy, animation) by which to live.
2. **Mind** - (the power to reason, select, understand, and know) by which to become aware of God, of ourselves and our environment.

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3. **Faith** - (trust, confidence, assurance, flexibility) by which to penetrate the invisible and to hold God's promises until they are realized and manifested.

Faith Based Spiritual Interaction was the spiritual principle by which Jesus lived and taught:

*"According to your faith
be it done unto you."*

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This principle is supported by what are known as the five pillars of faith:

1. Faith in God.
2. Faith in Yourself.
3. Faith in your Desires and Dreams.
4. Faith in your Abilities to get Results.
5. Faith in your Divine Inheritance.

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Why is it important to understand our FBSI?
Because as Jesus taught, according to your faith it will be done you. Faith based on Spirit or faith based on ego is always in play to bring about our manifestations.

Faith works through our belief system and unconditional acceptance of the truth of our affirmations and an absolute belief that our desires will be fulfilled.

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Here are the five pillars of Ego's belief system that also bring results based on Ego's interaction with the world:

1. Belief based on world appearances.
2. Belief based on egocentric thinking.
3. Belief based on fate and luck.
4. Belief based on doubt and indecision.
5. Belief based in lack, limitation, and unworthiness.

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Faith uses our emotional state of mind to bring about the demonstrations in our lives. We can speak volumes about peace, prosperity, and wholeness and it will accomplish nothing. When we attach an emotion to the words and ideas we speak of then we send forth a catalyst that will interact with Divine Energy to produce the desired result. Remember, negative or positive words and actions contribute to our emotional state of mind.

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How we answer the following questions can give us insight into how we are using our FBSI:

1. Can I, a child of God made in God's image and likeness, be lacking in faith?
2. Do I know the Truth that sets me free from destructive, addictive thinking?
3. Do I know, without a doubt, that God has the power to help me? That God wants to help me, and I am willing to let it happen?

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4. Do I trust God so completely that I can move forward without doubt, worry, fear, negation or depression?
5. Is my faith strong enough to reject all of ego's advances to the contrary? Is it strong enough to rise above the physical world of appearances and engage the realm of divine ideas called heaven?
6. Can I embrace the new doctrine of Love and Truth as taught by Jesus?

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7. Can I leave behind the concept of the jealous God of the Old Testament who would reined down terror and destruction on all who would oppose him?
8. Will the faith that I have help me overcome the guilt complex, the belief in original sin and predestination that have embittered and shattered countless lives into senseless hopelessness?

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In creating a strong FBSI there are several steps anyone can take:

1. Determine what type of faith you live by – spiritual or ego.
2. Enter the silence of your being and listen with an open heart and mind to what your feelings are telling you.
3. Accept all that comes up. To deny any feeling is ego's attempt to keep you in bondage to it...

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...Only by accepting them can you deal with them with wisdom and spiritual integrity so that you can begin to develop a constructive faith.

4. Affirm daily, "I have faith in God. I have faith in myself to follow through with what I am given to do. I am open and receptive to all constructive ideas and apply them successfully. I have the wisdom to know what to do and the patience to wait for Spirit's guidance. I am a child of God and heir to all that God has."

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5. Be expectant, confident, optimistic. Keep your enthusiasm strong; never allow yourself to dwell on the negative. Charge your mind with positive, constructive affirmations.

6. Keep your ambition and aspiration high; cultivate patience and perseverance. Keep your imagination centered in what you want and keep your faith moving toward it. This will help keep your consciousness expanding, growing, and moving to higher levels.

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7. Be positive in your thoughts, feelings, and actions. Accentuate the positive in every situation. Don't criticize or minimize yourself for making a mistake. Look for the good in all people and situations. Seek the best of everything and know that the results will follow.

8. Affirm that what you seek is seeking you. Affirm abundance and increase your prosperity by sharing more of your talents and skills.

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9. Think Big! God is a Big God. Affirm that there is no problem you and God can't meet together. Affirm that with God all things are possible and this way you will be able to face adversity head on with courage, strength, and fortitude.

10. Allow yourself the freedom to adjust your thinking, to change or correct that which isn't working. Act with spiritual integrity by staying true to Principle.

How's Your FBSI

What can our FBSI do for us?

It can save us from ourselves. It can set us free from bondage to ego and all its trappings. It can fill us with a sense of purpose, peace, wholeness, prosperity, love, harmony, and understanding. As the Master teacher told the women who washed his feet with her tears:

And he said to the woman, *"Your faith has saved you; go in peace."* (Luke 7:50)

How's Your FBSI

By using our FBSI it can help us to grow strong and expand our awareness of the presence and power of God as we use it on a regular basis. It feeds on our acceptance, persistence, and trust in the one power principle: *"There is only one presence and one power in the universe and in my life, God the good omnipotent."*

As someone once said, *"Worry ends when faith in God begins."*