



Welcome to Unity's Interactive Worship Service

Today's Topic: The Power of AA

Power Point notes available at:
www.unityofbakersfield.org

The Power of AA



Lynn Robinson writes in her book, Compass of the Soul that:

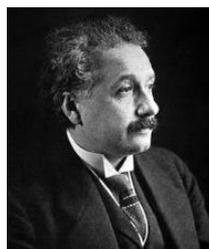
What you say when you talk to yourself has a huge impact on what happens in your life. You create you focus through the power of your thoughts and the images you hold in your mind and emotions. How is your intuition tied into this? When you are consistently holding negative or pessimistic thoughts, you will feel bad.

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This is one of the ways your intuition has of signalling you that you're on the wrong tack. It's as if your bad mood or irritability is your intuition's early-warning system letting you know you're about to create something less than positive in your life. It's cautioning you to redirect your thinking.

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Albert Einstein

Einstein's spirituality can be seen in this quote:

The intuitive mind is a sacred gift and the rational mind is a faithful servant. We have created a society that honors the servant and has forgotten the gift.

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Never apologize for trusting your intuition - your brain can play tricks, your heart can be blind, but your gut is always right.

ARTIST: RACHEL ROSECHIN

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As today's Daily Word affirmed:
Awakened to Spirit, I am blessed and a blessing.

When we are awakened to Spirit, we allow the gift of intuition to guide and direct our spiritual path and the rational mind to power our actions. Basically it's allowing Spirit to lead and ego to follow. And it leads us to the power of "awaken attraction."

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The more you trust your intuition the more awakened you become, and the more awakened you are, the more positive experiences you attract to yourself, thus you are blessed and become a blessing through the power of AA, the "Awakened Attraction."

The power of awakened attraction as an affirmation: *I acknowledge God as my greatest blessing, the origin of all that blesses me.*

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Shakti Gawain had this to say about our intuition self:

Your intuition will tell you where you need to go; it will connect you with people you should meet; it will guide you toward work that is meaningful for you - work that brings you joy, work that feels right for you.

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The year was 1976. Belief and trust in God was pretty much non-existent. Lost a wife and two sons due to a divorce. Life wasn't worth living.

Spirit shouted, "Get a life, Chuck! You've been through much worse." Attended a Unity church for the first time on July 10th. Purchased a book, The Game of Life by Florence Shinn. Couldn't put the book down!

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The words on the pages spoke to me like it was written just for me. I knew I had to make some major changes in my life. I had just passed my state certification in pest control and was issued a license to perform pest and termite control, but the company I was with did not see the value I could bring to them, so I figured what was the use and looked to leave to the industry.

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A friend told me about insurance—took placement test—had interview—offered a position at Metropolitan Life. During that time another friend told me of a lawn care company looking to rent a state license of a certified pest control operator. So I called the owner, we had a meeting, we agreed on a monthly fee. I now had a new job offer and a monthly income to help me as I built my insurance book of clients!

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All was going well until the call came. The owner of the lawn care company came back and offered me a position with his company to create a pest control department for him under my state license.

What should I do? Both offers met my desire to make a change in my current status. I was at the threshold of a new adventure - insurance or creating new department for a new company, which meant staying in the industry.

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Florence Shinn's book was filled with tons of inspiration insights and applications. One insight struck me at the core of my being because I've always gone by my gut reaction to resolve situations and major decisions, and here I was again trying to make a decision. What jumped off the page was this:

“Intuition is a spiritual faculty and does not explain, but simply points the way.”

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One of the hardest things for us to do is to surrender our control of outcomes to the seemingly unknown. We must be able to engage our spiritual selves with a willingness to become awakened to our intuitive self and the power of AA by:

- 1) Accepting the possibility that we are being guided;
- 2) Knowing God is on our side wanting us to be happy and live a life of joy, love, and hope;

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3) Paying attention to the messages we are given and ask for help;

4) Tuning into the intuitive urges of love, acceptance, wisdom; and

5) Remembering to breath, let go, trust, have faith and keep moving.

And as we do, we affirm the power of AA as:
God being my source for all that enriches me and my life.