



Welcome to Unity's Interactive Worship Service

Today's Topic: Voices

Power Point notes available at:
www.unityofbakersfield.org

Voices

There's an adage that says: *Your thinking can change your world. But your thoughts are expressed in words.* Your thoughts are the voices you hear, so what are they telling you?

Someone once said, "*Your mind is a garden, your thoughts are the seeds, you can grow flowers, or you can grow weeds.*"

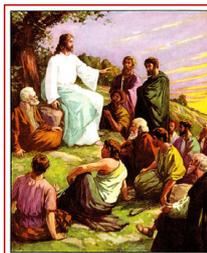
Voices



Unity's communication class taught that the thoughts we have and the voices we hear must be in alignment with three basic expressions:

Are they: positive, uplifting, and nourishing?

Voices



Jesus had something to say about those thoughts we listen to and how we voice them:

"Be careful of what you say for on the day of judgment you will have to give an account of every careless word you utter; for by your words you will be justified, and by your words you will be condemned." (Matt 12:36)

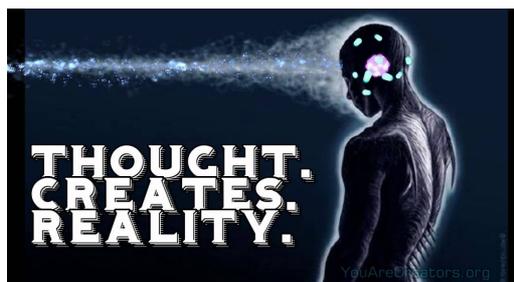
Voices

Truth students understand that our thoughts and actions always produce results. Everyday is a judgment day, everyday we get to create our lives according to the thoughts we have and the voices we listen to.

We judge and are judged by what we say and how we say it. We are judged and judged by the actions of others based on what is said to us or about us.

Voices

Truth students the world over understand that:



Voices

The metaphysics of understanding the thoughts we have and the voices we hear is simple:

We have two voices speaking inside each of us. They represent the male and female aspects of ourselves. The male aspect is our thinking capacity and the female is our feeling capacity. Regardless of whether or not we are male or female we have these aspects within us always trying to get our attention.

Voices



While talking to the disciples, Jesus says, “These people honor me with their lips, but their hearts are far from me.”
(Matt 15:8)

Voices

Again, Jesus is not talking about himself, but to the principle he was teaching. Jesus was saying that: *They were speaking with their lips, but their sub-conscious mind was far from the Christ principle of Truth.*

There is a great power when the thinking and feeling aspects are aligned. When they are, you can do anything. As co-creators with God, you have a tremendous, wondrous power working with you.

Voices

I going to share an example of the activity that many of us may have experienced when trying to align the thoughts and voices we have during our prayer time:

Spiritual Voice: *Dear Lord, I come to you in prayer this morning so that my relationship with ___ can be healed.*

Ego Voice: *How could they possibly have done that to me? It's not fair. I'm so angry.*

Voices

But, we continue with our prayer...

Spiritual Voice: *Lord, heal me of my anger.*

Ego Voice: *I can't believe they did that, and after all I've done for them.*

Spiritual Voice: *Lord, please help me to understand why this happened.*

Ego Voice: *Just wait, till I see them again, I'll give them a good piece of my mind.*

Spiritual Voice: *Thank you, Lord for making me a instrument of your peace.*

Voices

Ok now, which voice do you think got heard?

To understand this is to understand the power of prayer. You can mouth your prayer all day long and it will not help you realize what you want if you allow the voice of ego the shout and vibrate your being.

**Is that you,
or your ego?**

Voices

Jim had always bought used cars. When he landed a job that paid him well he went to a new car dealership and thought, *It would really be nice to have a new car.*

But the voice inside spoke up and said, *Are you sure you're worth a new car? Even if you signed the papers, are you sure you can afford to make the payments?*

And the dialogue continued. Sound familiar?

Voices

Granted, sometimes it is not easy to listen to our spiritual voice and affirm truth in the middle of a challenge or an important decision. It's hard when a voice is screaming and yelling. That is the way our sub-conscious mind can be at times, what we are feeling is so strong that a positive affirmative thought can't be heard. So you wait until the sub-conscious mind has quieted down and repeat the affirmation until you begin to feel the action of your words.

Voices

So, remember:

Positive people
also have negative
thoughts. They
just don't let
those thoughts
control them.