

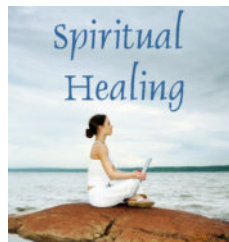


Today's Lesson

## *Spiritual Healing*

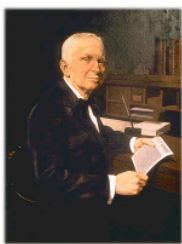
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## Spiritual Healing



It has been said that spiritual healing is often experienced as a state of harmony, balance, great well-being, and joyfulness.

## Spiritual Healing



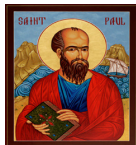
Charles Fillmore's take on spiritual healing is summed up in these words:  
 Spiritual healing restores to perpetual health any human issues of the mind, body, and soul because it erases error thought as it cleanses the mind.

## Spiritual Healing



As today's Daily Word stated, "Wholeness is the divine design of my being."  
 There are three steps in activating the spiritual healing process: Faith, Openness, and Receptivity.  
 As Myrtle Fillmore stated, "God is the one perfect life flowing through us... God is the only reality of us; all else is but a shadow."

## Spiritual Healing



Paul told the Romans that, "Love does no wrong... Therefore, love is the fulfillment of the Law." (Rom 13:9-10)



The Fillmores taught that love is the great harmonizer and healer. Whoever calls on God as Holy Spirit for healing is calling on divine love that will adjust all misunderstandings, and make your life and affairs healthy, happy, harmonious, and free.

## Spiritual Healing

Jesus was very clear about the healings that he did, often reminding people that it was not him, but the Father who sent him who did the works. In other words, Jesus called upon God as divine love to bring forth the healing that the individual desired. It was their faith, their openness and receptivity to being healed that caused Jesus to say, "*Go, your faith has made you well.*" (Luke 8:48)

## Spiritual Healing

Calling upon God's divine love to be active in our lives by working with our faith, openness, and receptivity to heal any wounds we may have, we can embrace spiritual healing as a means to heal any and all physical, mental, or emotional issues, no matter if they are hidden or visible.



## Spiritual Healing



In his book Love Is My Gospel, Paul Ferrini lists 14 points on embracing and understanding spiritual healing:

- 1) All human beings carry wounds and they all take the time to heal.
- 2) Pain is usually the wake up call that motivates us to pay attention to the wound and begin to bring love to it.

## Spiritual Healing

3) All healing merely consists of bringing love to a part of ourselves that does not feel loved or loveable.

4) The love that heals all wounds is unconditional love.

5) The first step to healing using unconditional love is to bring our attention, awareness, acceptance, love and compassion to the wound.

## Spiritual Healing

6) Wounds can have many layers that must be peeled back so we can get to the core of what caused the wound: self-betrayal by not allowing ourselves to accept the love we deserve.

7) All our healing is about us, not others, even if the wound you carry is about abandonment, betrayal, being attacked or wronged.

8) The healing we do is about our relationships with ourselves, to love and accept ourselves with all our imperfections unconditionally

## Spiritual Healing

9) When we allow Spirit to guide us through love's doorway we are treated with a healing energy that protects us from all ills. Allowing ourselves to be spiritually healed we become beacons of light that shines the healing energy into the world.

10) Forgiveness goes hand in hand with unconditional love. When we refuse to forgive we cannot heal.

## Spiritual Healing

11) The forgiveness process is a process of courage. When we enter into the holy of holies and put our gift on the altar Spirit blesses the gift with love and acceptance. The gift you give is forgiveness (for giving).

12) As we begin to feel the healing take place we find that love replaces all the negative feelings, attitudes, and beliefs about our wounds that has kept us in bondage to our self-inflicted pain and suffering.

## Spiritual Healing

13) This healing process brings us to the point of atonement for past mistakes. When we reach this phase of our healing we are agreeing to take responsibility for all future experiences by making different choices so that we do not have to repeat old ones again. We move to the place of at-one-ment with Spirit.

## Spiritual Healing

14) Love and forgiveness are the only tools you need for spiritual healing. When you become aware of a healing need, take it into your personal prayer time, bless it, forgive it, release it, and affirm to yourself that love now flows through you and from you to bless all who are touched by it with increased wholeness of mind, body, and soul.

## Spiritual Healing

I prepare to close today's lesson I wish to leave you with these words from Paul:

*Spiritual healing does not involve fixing anything or anyone. Spiritual healing affirms the essential innocence of all beings; that all beings are equal before God and worthy of love and acceptance; and that divine unconditional love is the only truth we will ever need to know and demonstrate.*