



Today's Lesson

The Power of LET

Power Point notes available at:
www.unityofbakersfield.org

The Power of LET



In the book of Genesis it is written that God's first word was, "LET," as in "Let there be light."

The Power of LET

The power of *let* is a command to take action and it can be seen in the choices we make in order for an action to take place. The word let can mean different things at different times for all of us such as:

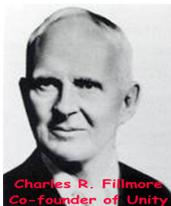
- Let it go!
- Let it be!
- Let it happen!
- Let it be me!
- Let it stay.

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For me, at this moment in time, the meaning of the word LET means that the word of God in me is an ongoing process of the Living Eternal Transformation of my truth as in:
Let God be God in me!



The Power of LET



Charles R. Fillmore
Co-founder of Unity

Fillmore had this to say about "Let there be light." Let is a command spoken by God that always comes first into consciousness. Light is the symbol of wisdom. When Jesus said, "I'm the light of the world," he was saying in effect that I'm the expresser of Truth in all its aspects. (Revealing Word)

The Power of LET

What does the *Living Eternal Transformation* of God look like?

When we "LET" God be God in us we can't stay in the same mind set, or thinking structure of those who came before us.

We find that within us there is a yearning to glean what truths they had to share and then transform them into a practical application that will work in this day and age.

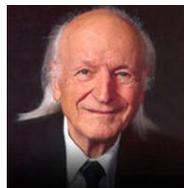
The Power of LET



I came across a poem by James Dillet Freeman that I would like to share with you that caused me to look at how the old ideas and truths can be blessed by the *Living Eternal Transformation* of God in me.

*Sometimes I can't see clear
The way to go from here.
So then I pause and pray.*

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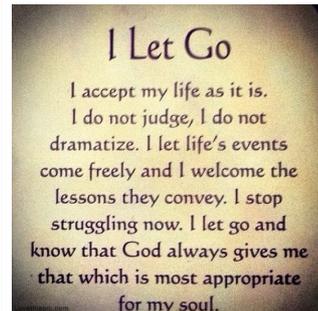
*Knowing God knows the way,
I throw away the chart
My cautious mind designed.
And flowing with the flow
I go by letting go.
Believing that God's will
Will bring me to the still
Where I become the me
That God means for me to be.*

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When we pray with open hearts and hands, God as the *Living Eternal Transformation* can and will create miracles in our lives. The question then becomes, will we open up long enough to *LET* it happen?

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To *LET* God be God in and through us takes faith and trust that God knows and God will show.

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People often say, "Letting go is one of those areas on my spiritual journey that I have a hard time with. There are some things in my life that, for a number or reasons, are just too hard to let go of sometimes."

But, at a deep level of spiritual knowingness we realize that it must be done sooner or later if we are to have peace in our lives.

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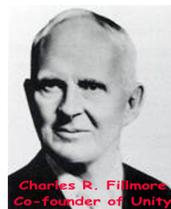
The late Ann Landers (1918–2002) had this to say about letting go:
"Some people believe holding on and hanging in there are signs of great strength. However, there are times when it takes much more strength to know when to let go and then do it."

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As co-creators with God we have the ability to create our world according to our divine right of consciousness. We have the power to use the word, "Let," to issue a command to let there be light (wisdom) in this situation or circumstance.

We are not to hide our light but to let it shine so that others may be blessed by it. When we shine our light (wisdom) on any problem or challenge we might face, Spirit is there to guide and direct us.

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Fillmore defined Spirit as: *God as the moving force in the universe; Principle as the breath in all creation; the principle of life, creative intelligence in all life.*

Letting Spirit lead and your light to shine you have the power of divine intelligence and wisdom with you at all times.

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Each individual has the ability to create divine order, harmony, peace, understanding, justice, abundance and love in their lives. It just takes a few minutes each day to align with Spirit so we can let go of those ideas, concepts, beliefs, and attitudes of mind that keep us from letting our light shine so that we can see the divine blessings in all situations and circumstances. Using the following "LET" statements can help:

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I let Spirit lead as I let go of any blame or judgment that is not in alignment with the Truth of who I am.

I let Spirit lead as I let go of any negative emotions that keep me from following my heart.

I let Spirit lead as I choose to be spirit driven instead of fear driven.

I let Spirit lead as I speak and act with an attitude of gratitude.

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I let Spirit lead as I agree to show up in mind, body, and soul, trusting that I will be given all that I need to say and do to let it happen by being open to the outcome.

I let Spirit lead as I let go of self-made obstacles that keep me from honoring my commitments.

I let Spirit lead as I hold myself to seeing the "Christ" in everyone by seeing highest and best potential for all.

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I let Spirit lead as I let go of knowing that "my way" is not always the "right" way, as I do the right thing for all concerned, rather than being right.

I let Spirit lead so I can be open to the blessing and the gift that is in the moment which allows me to cultivate a faith that allows me to just know that God is present in all and through all, no matter what.

The Power of LET



As co-creators, God is always waiting for each of us to use our power and say, “*Let there be...*,” and in return God says,

“By your command *LET* it be done.”